

# NICE RIDE

BY SUZYBACINO • PHOTOS BY SUZYGORMAN • DESIGN BY DAWNSTREMLAU

What do you get when you take a good looking guy, add some cool fashion and put him in some killer cars? The recipe for style—on wheels! Dr. Zach LaBoube is the owner of InsideOut Wellness in Clayton, and one heck of a fashionable guy—whether he knows it or not.

SHOT ON LOCATION AT ST. LOUIS MOTORSPORTS



LAMBORGHINI T-SHIRT, \$84; PUMA FERRARI SUEDE SHOES, \$45 FROM ST. LOUIS MOTOR SPORTS SHOP. AGAVE WHITE INDIGO JEANS, \$215 FROM MISTER GUY. CAR: A 2009 ULTIMA GTR.

**LN:** You are originally from Washington, Mo.—why the move to St. Louis?

**ZL:** I've been in St. Louis for about eight years now. I love Washington, but opportunities are a bit limited out there.

**LN:** Tell me about your place, InsideOut Wellness.

**ZL:** It's a holistic health center in Clayton. The body has both intrinsic as well as aesthetic desires, and I believe in treating all of them. We do everything from chiropractic, acupuncture and massage to a variety of anti-aging procedures and facials. It's kind of a one-stop shop to keep you feeling and looking your best.

**LN:** What's the best treatment there for a guy?

**ZL:** Getting adjusted on a regular basis is far and away the most important. Too many guys attribute minor aches and pains to aging when it doesn't have to be that way. I say it all the time—pain doesn't have to be a byproduct of aging. Adjustment is also great for the immune system.

**LN:** What's your skincare routine?

**ZL:** I use sunscreen and vitamins A, C and E. I also get microcurrent and hydra-facials. It's so important to be proactive with your skincare, even for guys.

**LN:** Do you consider yourself a fashionable person?

**ZL:** I'd say I'm not *unfashionable*, but I'm not the best-dressed guy in the room, either.

**LN:** Where do you like to shop?

**ZL:** I'll hit Saks or J. Crew on occasion, but I'm pretty much a jeans and T-shirt kind of guy.

**LN:** What do you do when you aren't working?

**ZL:** I play in a volleyball league at Wave Taco. I read a lot, too—I'm a big Tom Robbins fan. I also get out to Washington, Mo., whenever I can to visit my lovely grandmother, Leona.

**LN:** What celebrities do you think have great style?

**ZL:** George Clooney is pretty cool and classic. On the other end of the spectrum, I also like Russell Brand—I don't think I could pull that off, though!

**LN:** What's something interesting about you that people should know?

**ZL:** I once made 51 free throws in a row in a suit and tie at a Regional Chamber and Growth Association of St. Louis event at the Capitol in Jeff City.

**LN:** What, in your opinion, is a bad look or trend that guys these days are wearing?

**ZL:** Madras shorts are pretty lame, unless you're in grammar school. I'm not a big fan of seersucker, either.

**LN:** What car would you drive, if you could have anything?

**ZL:** I like the vintage blue Porsche we used in the last shot. I don't need anything too flashy.



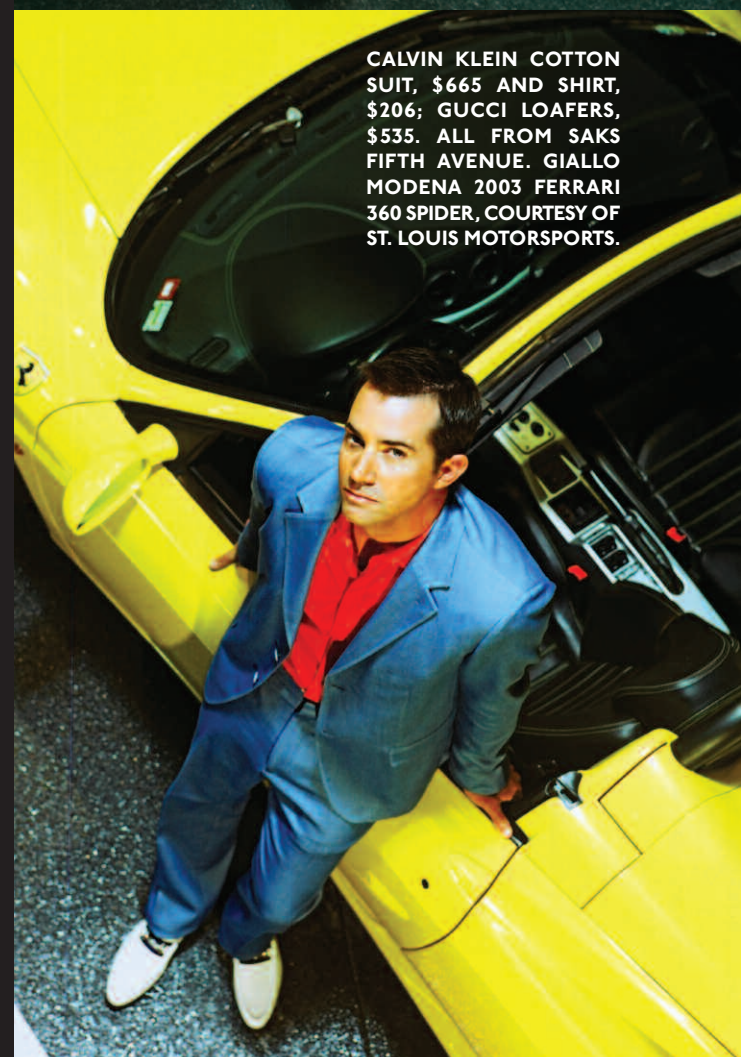
**GOT FASHION QUESTIONS?**  
E-MAIL THEM TO SUZY AT:  
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BARONI NAVY BLAZER, \$495; ROBERT TALBOTT ESTATE FRENCH CUFF SHIRT, \$245; TATEOSSIAU GREEN FIBER OPTIC CUFFLINKS, \$195; ALTEA PAISLEY POCKET SQUARE, \$55; AG 'PROTÉGÉ' JEANS, \$215; PETER MILLAR SUEDE DRIVING MOCS, \$210. ALL FROM MISTER GUY. CORNISH WHITE 2010 ROLLS-ROYCE PHANTOM DROPHEAD COUPE, COURTESY OF ROLLS-ROYCE MOTORCARS ST. LOUIS.



DIESEL T-SHIRT, \$45; MICHAEL KORS COTTON JEANS, \$122; DIESEL HIGH TOPS, \$105. ALL FROM SAKS FIFTH AVENUE. PASTEL BLUE 1970 PORSCHE 911T, COURTESY OF ST. LOUIS MOTORSPORTS.



CALVIN KLEIN COTTON SUIT, \$665 AND SHIRT, \$206; GUCCI LOAFERS, \$535. ALL FROM SAKS FIFTH AVENUE. GIALLO MODENA 2003 FERRARI 360 SPIDER, COURTESY OF ST. LOUIS MOTORSPORTS.